

True Health New Mexico wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. True Health New Mexico provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. Sometimes, the most cost-effective option is an over-the-counter (OTC) product.

True Health New Mexico also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to members. **The \$0 copay does not apply to all of our health plans.** Members should call Customer Service at 1.844.508.4677 to determine if their plan provides \$0 copay coverage for many chronic conditions.

Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. The attached list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

Version: January 2021 Large Group

Nonformulary/Nonpreferred/Prior Authorization Required Product Name	Condition	Formulary Alternatives (list is NOT all-inclusive)
Apriso	Ulcerative Colitis	mesalamine capsule
Asmanex	Asthma	Arnuity Elipta, Flovent, Pulmicort, QVAR
azelastine ophthalmic solution 0.05%	Itchy Eyes/Allergies	over-the-counter Pataday, over-the-counter Zaditor, over-the-counter Alaway, over-the-counter Zyrtec Itchy Eye, over-the-counter Claritin Eye
cimetidine	Gastroesophageal Reflux Disease, Gastric Ulcer	over-the-counter Tagamet and generics
clobetasol 0.05%	Inflammatory skin conditions	halobetasol, betamethasone dipropionate augmented, fluocinonide solution
Colcrys	Gout	colchicine tablets
Descovy	HIV/PrEP	Truvada and generics
desonide cream	Inflammatory skin conditions	hydrocortisone cream, triamcinolone cream
diclofenac topical gel 1%	Arthritis Pain	over-the-counter Voltaren 1% topical gel, over-the-counter oral pain relievers (ibuprofen, naproxen, aspirin, acetaminophen)
econazole cream	Fungal skin infections	clotrimazole cream, ketoconazole cream
Elestat	Itchy Eyes/Allergies	over-the-counter Pataday, over-the-counter Zaditor, over-the-counter Alaway, over-the-counter Zyrtec Itchy Eye, over-the-counter Claritin Eye
epinastine ophthalmic solution 0.0%	Itchy Eyes/Allergies	over-the-counter Pataday, over-the-counter Zaditor, over-the-counter Alaway, over-the-counter Zyrtec Itchy Eye, over-the-counter Claritin Eye
erythromycin/benzoyl peroxide gel	Acne	erythromycin or clindamycin gel + over-the-counter benzoyl peroxide gel
famotidine	Gastroesophageal Reflux Disease, Gastric Ulcer	over-the-counter Pepcid and generics
febuxostat	Gout	allopurinol
Flonase	Allergies	over-the-counter Nasacort and generics, over-the-counter Flonase and generics, over-the-counter Rhinocort Allery and generics
fluoxetine tablets	Depression/Behavioral Health	fluoxetine capsules
Lo-Loesrin Tab FE	Contraception/Prevention of Pregnancy	various generic oral contraceptives
Nasonex	Allergies	over-the-counter Nasacort and generics, over-the-counter Flonase and generics, over-the-counter Rhinocort Allery and generics
Nexium	Gastroesophageal Reflux Disease, Gastric Ulcer	over-the-counter Nexium 24 and generics
Norditropin	Growth Hormone Deficiency	Genotropin

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Patanol	Itchy Eyes/Allergies	over-the-counter Pataday, over-the-counter Zaditor, over-the-counter Alaway, over-the-counter Zyrtec Itchy Eye, over-the-counter Claritin Eye
Pazeo	Itchy Eyes/Allergies	over-the-counter Pataday, over-the-counter Zaditor, over-the-counter Alaway, over-the-counter Zyrtec Itchy Eye, over-the-counter Claritin Eye
Prevacid	Gastroesophageal Reflux Disease, Gastric Ulcer	over-the-counter Prevacid 24 HR and generics
Prilosec	Gastroesophageal Reflux Disease, Gastric Ulcer	over-the-counter Prilosec OTC and generics
ranitidine	Gastroesophageal Reflux Disease, Gastric Ulcer	over-the-counter Zantac and generics
Repatha	Elevated Lipids	Praluent
Tecfidera	Multiple Sclerosis	generic dimethyl fumarate
Travatan Z Ophthalmic Solution	Glaucoma	travoprost ophthalmic solution 0.004%
Vascepa	Elevated Lipids	omega-3-acid ethyl esters
Venlafaxine ER tablets	Depression/Behavioral Health	venlafaxine ER capsules
Voltaren 1% gel	Osteoarthritis Pain	over-the-counter Voltaren OTC 1% gel
Vyvanse 30mg	Attention Deficit Hyperactivity Disorder (ADHD)	amphetamine/dextroamphetamine ER, methylphenidate ER, dexmethylphenidate ER